

SATURDAY VENUES

CP=Car Park, * Fee payable, NT = Nat. Trust,

Abberley : Village Hall CP*	WR6 6AZ
Astley Village Hall CP	DY13 0RF
Aiveley Severn Valley CP*	WV15 6NG
Baggeridge Country Park CP*	DY3 4AF
Barnett Hill : Garden Centre CP*	DY9 0EE
Belbroughton 10 Cottage Fm Bradford Lane *	DY9 9TF
Bewdley Gardners Meadow CP*	DY12 2DU
Blackstone Riverside CP B4194	DY12 2TQ
Blackstone : A456 CP	DY12 1PU
Chaddesley Corbett Village Hall CP	DY10 4QA
Clent : Nimmings CP* (NT)	B62 0NL
Comer Woods CP*[NT] Dudmaston Hall Estate	WV15 6QL
Dodford : The Park Gate £1 per person	B61 9AJ
Enville NT Car Park Kingsford Lane	DY7 5NP
Hagley: Haybridge School, Station Rd. Collection for school funds £1 per person	DY8 2XL
Hampton Loade : CP* [NT]	WV15 6HD
Hampton Lovett Parish Room CP*	WR9 0LU
Hartlebury Common	DY13 9JB
Hartlebury Moorlands Fishery A499/Manor La.	DY11 7XN
Harvington : The Dog Inn CP	DY10 4LN
Hawkbatch : Forestry CP	DY12 3AF
Himley Hall: at Himley CP*	DY3 4DF
Kinver : Community Sports Centre	DY7 6ET
Kinver Edge The Rock Houses	DY7 5NR
Kinver Edge [NT] CP Kingsford Lane	DY7 5NP
Kinver Edge Blakeshall Lane	DY11 5XT
Mamble : Picnic Layby on A456	DY14 9JN
Neen Savage : Village Hall CP*	DY14 8JU
Ombersley Parking at the Cricket Club CP*	WR9 0EP
Ribbesford Church CP	DY12 2TQ
Rock : Millennium Field CP	DY14 9SD
Spennells: Heronswood Road	DY10 4EE
Spennells The Dog Harvington	DY10 4LN
The Hampstall Inn Astley Burf	DY13 0RY
The Lenchford Inn Shrawley	WR6 6TB
Trimpley Reservoir CP	DY12 1PH
Waseley Hills Country Park CP*	B45 9AT
White Wickets Park Franche Road	DY11 5AL
Wolverley High School Bus CP	DY11 5XH
Wombourne Station CP Bratch Lane	WV5 9AB

SATURDAY PROGRESSION WALKS

JAN 2022

1	Blackstone A456 Blackstone Riverside Bewdley	A. B C, D.
8	Bewdley Harvington	A, B C, D.
15	Hartlebury Common Wolverley Wombourne Station Himley Hall	A B C D
22	Hagley Hartlebury Common Waseley Hills Country Park	A B C, D.
29	Alveley	All Groups

FEB 2022

5	Wolverley Hampton Lovett Barnett Hill	A B C, D.
12	Kinver Blackstone A456	A, B. C, D.
19	Clent Trimpley	A, B. C, D.
26	Ombersley Hagley	A, B. C, D.

MARCH 2022

5	Hampton Lovett Harvington-The Dog Inn Hartlebury Common	A. B C, D.
12	Kinver Edge-Rock Houses Hawkbatch White Wickets Park	A B. C, D.
19	Mamble Kinver Ombersley	A. B C, D.
26	Hampton Loade Comer Woods Car Park	A, C, D. B

APRIL 2022

2	Barnett Hill Kinver	A, B. C, D.
9	The Lenchford Inn Enville Wolverley	A B C, D.
16	Chaddesley Corbett Hartlebury-Moorlands Fishery Spennells-Heronswood Road	A. B C, D.
23	Belbroughton	All Groups
30	The Hampstall-Bluebell Walk Harvington	A, B. C, D.

MAY 2022

7	Abberley The Hampstall Inn-Bluebell Walk	A, B. C, D.
14	Hartlebury-Moorlands Fishery Chaddesley Corbett Kinver Edge-Blakeshall Lane	A B C, D.
21	Rock Dodford	A, B. C, D.
28	Waseley Hills Country Park Hampton Lovett	A, B C, D.

JUNE 2022

4	Astley Village Hall 20 th Anniversary Picnic	All Groups
11	Neen Savage Hawkbatch	A, B. C, D.
18	Hawkbatch Ribbesford Church Neen Savage	A. B. C, D.
25	Wombourne Station The Lenchford Inn Blackstone A456	A B C, D.

THURSDAY HEALTH WALKS

CP= CAR PARK * FEE PAYABLE

JAN 2022

6	Brinton Park-Sutton Road CP	DY11 6QT
13	Springfield Park Kidderminster	DY10 2PS
20	Bewdley 1 Gardners Meadow CP*	DY12 2DG
27	Stourport Civic Centre CP*	DY13 8UJ

FEB 2022

3	Wolverley The Lock Inn CP	DY10 3RN
10	Bewdley 2 Gardners Meadow CP*	DY12 2DG
17	NO WALK MEAL AT FAR FOREST	
24	Brinton Park-Sutton Road CP	DY11 6QT

MARCH 2022

3	Springfield Park Kidderminster	DY10 2PS
10	Bewdley 1 Gardners Meadow CP*	DY12 2DG
17	Stourport Civic Centre CP*	DY13 8UJ
24	Wolverley The Lock Inn CP	DY10 3RN
31	Bewdley 2 Gardners Meadow CP*	DY12 2DG

APRIL 2022

7	Brinton Park-Sutton Road	DY11 6QT
14	Harvington Hall COLLECTION	DY10 4LR
21	Springfield Park Kidderminster	DY10 2PS
28	Bewdley 1 Gardners Meadow CP*	DY12 2DG

MAY 2022

5	Stourport Civic Centre CP*	DY13 8UJ
12	Wolverley The Lock Inn CP	DY10 3RN
19	Brinton Park-Sutton Road CP	DY11 6QT
26	Harvington Hall COLLECTION	DY10 4LR

JUNE 2022

2	Bewdley 2 Gardners Meadow CP*	DY12 2DG
9	Springfield Park Kidderminster	DY10 2PS
16	Stourport Civic Centre CP*	DY13 8UJ
23	Wolverley The Lock Inn CP	DY10 3RN
30	Brinton Park-Sutton Road CP	DY11 6QT

The walks are free and open to anyone who can manage the conditions described for Thursday or for Saturday walks. First time walkers should arrive 20 minutes before the start time in order to complete a simple health questionnaire. Dogs are allowed provided they are kept under control.

For further information visit the web site www.strideandstroll.org.uk or call the following number: **07871 599863** and leave a contact number.

Cancellations: If in doubt about the weather refer either to the web site or to the mobile phone number above.

Wyre Forest Walks: Very similar walks take place at the Wyre Forest Visitor Centre, Callow Hill, Bewdley every Tuesday and Sunday at 10.30am.

Associated web sites:

www.worcestershie.gov.uk/healthwalks

www.hfholidays.co.uk

Affiliated to hf holidays

Take Heart, Wyre Forest Heart Support Group

www.wyreforesttakeheart.org.uk



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WALKING FOR HEALTH

JANUARY TO JUNE 2022

Stride and Stroll is a friendly and welcoming Kidderminster based walking group and entirely run by trained volunteer Walk Leaders. Walks take place every week throughout the year on Thursdays and Saturdays, depending on Christmas and New Year dates!

Thursday Worcestershire Health Walks are part of the Worcestershire Walking Network. Supported by Worcestershire County Council. These walks are at 11.00am in and around Wyre Forest District. They are intended for everyone, including those with on-going health problems. Many of our members start walking for about 10 minutes at a speed they find comfortable, with the aim of eventually walking for 30-40 minutes on a regular basis. Walks are on level ground with good surfaces and are often wheelchair friendly, finishing with refreshments.

Saturday Progression Walks are part of the Worcestershire Walking Network, supported by Worcestershire County Council. The Progression Walks use the Public Rights of Way with stiles and footbridges.

Group A: 6 to 7.5 miles; Group B: 5 to 6 miles; Group C: 4 to 5 miles; Group D 3 to 4 miles.

ALL THESE MILEAGES ARE APPROXIMATE AS IN SOME CASES WALKS HAVE TO BE CHANGED AFTER A PRE-WALK.

START TIMES:

GROUPS A and B: 10 am

GROUPS C and D: 10.30am

Walking boots/shoes and suitable clothing are essential to suit the seasonal conditions. Why not explore your local countryside and get healthier in the process, with like-minded people, who are already enjoying the benefits of walking and new friends.