

SATURDAY VENUES

NT=National Trust CP* Car Park Fee CP^C Collection

Abberley : Village Hall CP*	WR6 6AZ
Astley Village Hall CP ^C	DY13 0RF
Alveley Severn Valley CP*	WV15 6NG
Baggeridge Country Park CP*	DY3 4AF
Barnett Hill : Garden Centre CP*	DY9 0EE
Bewdley : Gardners Meadow CP*	DY12 2DU
Blackstone : Blackstone CP	DY12 1PU
Bromsgrove : Sanders Park CP	B61 7JP
Chaddesley Corbett Village Hall CP	DY10 4QA
Clent : Nimmings CP* [NT]	B62 0NL
Comer Woods CP* [NT] Dudmaston Estate	WV15 6QL
Croome Court : CP (NT)	WR8 9DW
Dodford : The Park Gate £1 Per Person	B61 9AJ
Droitwich Gateway Park CP* Hanbury Road	WR9 7DU
Enville : NT Car Park, Kingsford Lane	DY7 5NP
Hagley: Haybridge School, Station Rd Collection for school funds £1 Per person	DY8 2XL
Hampton Loade : CP* [NT]	WV15 6HD
Hampton Lovett Parish Room CP*	WR9 0LU
Hartlebury Common	DY13 9JB
Harvington : The Dog CP	DY10 4LN
Harvington Hall: Overflow CP Collection	DY10 4LR
Hawkbatch : Forestry CP	DY12 3AF
Kinver : Community Sports Centre	DY7 6ET
Kinver Edge The Rock Houses	DY7 5NR
Kinver Edge [NT] CP Kingsford Lane	DY7 5NP
Kinver Edge Blakeshall lane	DY11 5XT
Mamble : Picnic Layby on A456	DY14 9JN
Martley Sports Martley / High School	WR6 6QA
Neen Savage : Village Hall CP ^C	DY14 8JU
Ombersley: Parking at the Cricket Club CP ^C	WR9 0EP
Ribbesford Church CP	DY12 2TQ
Rock: Millennium Field CP	DY14 9SD
Spennells: Heronswood Road	DY10 4EE
Spennells The Dog Harvington	DY10 4LN
The Hampstall Inn – Astley Burf	DY13 0RY
The Lenchford Inn Shrawley	WR6 6TB
Trimpley : Eymore Woods CP	DY12 1PH
Waseley Hills Country Park CP*	B45 9AT
White Wickets Park Franche Rd.	DY11 5AL
Wolverley High School Bus CP	DY11 5XH
Wombourne Station CP Bratch Lane	WV5 9AB

SATURDAY PROGRESSION WALKS

JULY 2021

3	Hampton Lovett Kinver Edge-Kingsford Lane Waseley Hills Country Park	A B C, D.
10	Droitwich Wolverley Bewdley	A B C, D.
17	Abberley Wombourne Station	A, B. C, D.
24	Hampton Loade Comer Woods Car Park	A, C, D. B
31	Blackstone Hampton Lovett White Wickets Park	A, B C, D.

AUGUST 2021

7	Chaddesley Corbett Kinver Hagley	A B C, D.
14	Waseley Hills Country Park Kinver	A, B C, D.
21	Barnett Hill Trimpley	A, B C, D.
28	Picnic Walk Astley Village Hall.	All Groups BRING YOUR OWN FOOD AND DRINK

SEPT 2021

4	Rock	All Groups
11	Mamble Enville Blackstone	A B C, D.
18	Trimpley Harvington Hall Dodford	A B C, D.
25	Harvington-The Dog Inn The Lenchford Inn Hampton Lovett	A, B C, D.

OCT 2021

2	Ombersley Harvington-The Dog Inn	A, B C, D
9	Hartlebury Common Ribbesford Church Ombersley	A. B C, D
16	Clent The Hampstall Inn	A B, C, D
23	Martley	All Groups
30	Kinver Edge- The Rock Houses Kinver Edge-Kingsford Lane Kinver Edge-Blakeshall Lane	A B C,D

NOV 2021

6	Neen Savage Hawkbatch	A, B C, D.
13	Hawkbatch Neen Savage	A, B C, D.
20	Alveley	All Groups
27	Wolverley Spennells-Heronswood Road	A, B. C, D.

DEC 2021

4	Hagley Hartlebury Common	A, B C, D.
11	The Hampstall Inn Hartlebury Common Wolverley	A, B C, D
18	Bewdley Barnett Hill	A, B C, D.
25	CHRISTMAS DAY	NO WALKS

THURSDAY HEALTH WALKS

CP = Car Park *Fee Payable

JULY 2021

1	Wyre Forest Visitor Centre CP*	DY14 9XQ
8	Bewdley Gardners Meadow CP*	DY12 2DG
15	Springfield Park Kidderminster	DY10 2PS
22	Harvington Hall --Collection	DY10 4LR
29	Stourport Civic Centre CP*	DY13 8UJ

AUG 2021

5	Wolverley The Lock Inn CP	DY10 3RN
12	Wyre Forest Visitor Centre CP*	DY14 9XQ
19	Bewdley Gardners Meadow CP*	DY12 2DG
26	Springfield Park Kidderminster	DY10 2PS

SEPT 2021

2	Droitwich Lido CP* Bring drink/chair	WR9 8AG
9	Harvington Hall-Collection	DY10 4LR
16	Stourport Civic Centre CP*	DY13 8UJ
23	Wolverley The Lock Inn CP	DY10 3RN
30	Wyre Forest Visitor Centre CP*	DY14 9XQ

OCT 2021

7	Bewdley Gardners Meadow CP*	DY12 2DG
14	Springfield Park Kidderminster	DY10 2PS
21	Stourport Civic Centre CP*	DY13 8UJ
28	Wyre Forest Visitor Centre CP*	DY14 9XQ

NOV 2021

4	Wolverley The Lock Inn CP	DY10 3RN
11	Bewdley Gardners Meadow CP*	DY12 2DG
18	Springfield Park Kidderminster	DY10 2PS
25	Stourport Civic Centre CP*	DY13 8UJ

DEC 2021

2	Wyre Forest Visitor Centre CP*	DY14 9XQ
9	Wolverley The Lock Inn CP	DY10 3RN
16	Enville The Sports Pavilion TBA	DY7 5HB
23	NO WALK	-
30	NO WALK	-

The walks are free and open to anyone who can manage the conditions described for Thursday or for Saturday walks. First time walkers should arrive 20 minutes before the start time in order to complete a simple health questionnaire. Dogs are allowed provided they are kept under control and on a short lead at all times.

For further information phone **07871 599863** and leave a contact number. Alternatively visit the website at www.strideandstroll.org.uk

Cancellations: If in doubt about the weather refer either to the website or to the mobile phone number above.

Wyre Forest Walks: Very similar walks take place at the Wyre Forest Visitor Centre, Callow Hill, Bewdley every Tuesday and Sunday at 10.30 am.

Associated web sites:

Ramblers:

www.walkingforhealth@ramblers.org.uk

hfholidays www.hfholidays.co.uk

Affiliated to hf holidays.

Take Heart, Wyre Forest Heart Support Group

www.wyreforesttakeheart.org.uk



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KIDDERMINSTER



WALKING FOR HEALTH

JULY-DECEMBER 2021

Kidderminster Stride and Stroll is a friendly and welcoming walking group and entirely run by trained volunteer Walk Leaders. Walks take place every week throughout the year on Thursdays and Saturdays.

Thursday Health Walks are accredited to the National Walking for Health Scheme which is administered by Ramblers and supported by Sport England. These walks are at 11:00am in and around Wyre Forest District. They are intended for everyone, including those with on-going health problems. Many of our members start walking for about 10 minutes at a speed they find comfortable, with the aim of eventually walking for 30-40 minutes on a regular basis. Walks are on level ground with good surfaces and are often wheelchair friendly, finishing with refreshments.

Saturday Progression Walks are part of the Worcestershire Walking Network, supported by Worcestershire County Council and are at 10:30am, at locations mainly within a 10 mile radius of Kidderminster. The Progression Walks use the Public Rights of Way with stiles and footbridges.

Group A: 6 to 7.5 miles; Group B: 5 to 6 miles; Group C: 4 to 5 miles; Group D: 3 to 4 miles.

ALL THESE MILEAGES ARE APPROXIMATE AS IN SOME CASES WALKS HAVE TO BE CHANGED AFTER A PRE-WALK.

After each Pre-Walk prior to the Main Walk, mileages, number of stiles and conditions are recorded on the website against each walk on the walk list.

Walking boots/shoes and suitable clothing are essential to suit the seasonal conditions. Why not explore your local countryside and get healthier in the process, with like-minded people, who are already enjoying the benefits of walking and new friends.