

SATURDAY VENUES

NT=National Trust CP* Car Park Fee CP^C Collection

ASTLEY Village Hall CP	DY13 0RF
ALVELEY Severn Valley CP*	WV15 6NG
BARNETT HILL Garden Centre CPc	DY9 0EE
BELBROUGHTON Church Fm Bradford Lane *	DY9 9TF
BEWDLEY Gardners Meadow CP*	DY12 2DU
BLACKSTONE Car Park----A456	DY12 1PU
BLACKSTONE Riverside CP B4194	DY12 2TQ
BURLISH MEADOWS CP	DY13 8NA
CHADDESLEY CORBETT Village Hall CPc	DY10 4QA
CHADDESLEY The Swan Inn High St.	DY10 4SD
CROSSWAY GREEN Shed Nurseries A4025	DY13 9SE
DRAYTON Robin Hood Inn	DY9 0BW
DUDMASTON[NT] Comer Wd/Sawmill CPs*	CO. WV15 6QL SA. WV15 6QW
ENVILLE NT CP Kingsford Lane	DY7 5NP
GREAT WITLEY VILLAGE HALL CP A443	WR6 6HR
HAGLEY Haybridge School Station Rd. CPc	DY8 2XL
HAMPTON LOADE CP* [NT]	WV15 6HD
HAMPTON LOVETT Parish Room CPc	WR9 0LU
HARTELBURY COMMON	DY13 9JB
HARVINGTON The Dog Inn CP	DY10 4LN
HARVINGTON The Oaks Community Hall CPc	DY10 4NS
HAWKBATCH Forestry CP	DY12 3AF
HIMLEY HALL CP*	DY3 4DF
ISMERE Old Waggon & Horses Inn	DY10 3NX
KINLET Eagle & Serpent Inn Rear CP B4363	DY12 3BE
KINVER Edward Marsh Centre	DY7 6ET
KINVER EDGE The Rock Houses	DY7 5NR
KINVER EDGE Blakeshall Lane	DY11 5XT
MARTLEY Sport Martley Leisure Centre	WR6 6QA
NEEN SAVAGE Village Hall CPc	DY14 8JU
OMBERSLEY A&B Roadside C&D Cricket Club	WR9 0EP
ROCK Millennium Field	DY14 9SD
SPENNELLS Heronswood Road CP	DY10 4EE
THE HAMPSTALL INN CP Astley Burf	DY13 0RY
THE LENCHFORD INN Access Rd. Shrawley	WR6 6TB
WASELEY HILLS COUNTRY PARK CP*	B45 9AT
WHITE WICKETS PARK Franche Rd. Kidd.	DY11 5AL
WHITLENGE GARDEN CENTRE	DY10 4HD
WOLVERLEY HIGH SCHOOL Bus CP	DY11 5XH
WOMBOURNE STATION CP Bratch Lane	WV5 9AB

SATURDAY PROGRESSION WALKS

JULY 2025

5	Hampton Lovett Waseley Hills Country Park Hawkbatch	A B C, D.
12	Kinver Wolverley Bewdley	A B C, D.
19	Martley Leisure Centre Kinver Edge Blakeshall Lane Kinver	A, B. C D
26	Dudmaston-Sawmill CP The Lenchford Hampton Loade	A. B. C, D.

AUGUST 2025

2	The Hampstall Inn Kinver Kinver Edge Blakeshall Lane	A, B. C D
9	Chaddesley Village Hall Spennells Heronswood Road Martley Leisure Centre	A B C,D.
16	Picnic Walk Astley Village Hall	All Groups
23	Great Witley Whitleng[Whitleng Lane] Hampton Lovett	A B C. D.
30	Blackstone A456 Hampton Lovett Hagley	A B C, D.

SEPT 2025

6	Kinlet USE REAR CAR PARK Crossway Green Wombourne Station Himley Hall	A B [Stourport Road] C D
13	Rock Hartlebury Common Burlish Meadows	A, B C D
20	Barnett Hill Chaddesley Corbett Village Hall	A, B. C; D. .
27	Crossway Green Great Witley Waseley Hills Country Park	A, [Stourport Road] B C, D.

OCT 2025

4	Belbroughton	All Groups
11	Burlish Meadows Blackstone Riverside CP Ombersley [COLLECTION]	A. B C, D
18	White Wickets Park Chaddesley The Swan Inn The Hampstall Inn	A. B C, D.
25	Hartlebury Common Kinlet USE REAR CAR PARK Drayton	A B C,D

NOV 2025

1	Neen Savage Hawkbatch	A, B C, D.
8	Hawkbatch Neen Savage	A, B C, D.
15	Alveley 10.30 START Blackstone A456 Spennells Heronswood Road Harvington The Dog Inn	A B C. D.
22	Drayton Ombersley Harvington The Dog Inn Spennells Heronswood Road	A. B. C. D.
29	Kinver Edge Rock Houses Envile Alveley	A B C, D

DEC 2025

6	The Lenchford Harvington The Oaks A450 Barnett Hill	A B C, D.
13	Harvington The Oaks A450 Hagley Burlish Meadows Hartlebury Common	.A. B C D
20	Hagley Ismere[Stourbridge Rd. A451] White Wickets Park	A B C, D.
27	Ombersley Hartlebury Common Blackstone A456	A B C, D

THURSDAY HEALTH WALKS

CP = Car Park *Fee Payable

JULY 2025

3	Meal at The Plough Inn Far Forest	DY14 9TE
10	Stourport Civic Centre CP*	DY13 8UJ
17	Wolverley The Lock Inn ANPR CP	DY10 3RN
24	Springfield Park Kidderminster	DY10 2PS
31	Envile The Sports Pavilion	DY7 5HB

AUG 2025

7	Bewdley 1 Gardners Meadow CP*	DY12 2DG
14	Stourport Civic Centre CP*	DY13 8UJ
21	Larchwood Farm Silverwoods Way Kidderminster	DY11 7DT
28	Wolverley The Lock Inn ANPR CP	DY10 3RN

SEPT 2025

4	Springfield Park Kidderminster	DY10 2PS
11	Envile The Sports Pavilion	DY7 5HB
18	Bewdley 2 Gardners Meadow CP*	DY12 2DG
25	Stourport Civic Centre CP*	DY13 8UJ

OCT 2025

2	Larchwood Farm	DY11 7DT
9	Arley Aboretum TBA	DY12 1SQ
16	Wolverley The Lock Inn ANPR CP	DY10 3RN
23	Envile The Sports Pavilion	DY7 5HB
30	Springfield Park Kidderminster	DY10 2PS

NOV 2025

6	Bewdley 1 Gardners Meadow CP*	DY12 2DG
13	Stourport Civic Centre CP*	DY13 8UJ
20	Larchwood Farm	DY11 7DT
27	Wolverley The Lock Inn ANPR CP	DY10 3RN

DEC 2025

4	Springfield Park Kidderminster	DY10 2PS
11	Envile The Sports Pavilion	DY7 5HB
18	Stourport Civic Centre CP*	DY13 8UJ
25	NO WALK	-

The walks are free and open to anyone who can manage the conditions described for Thursday or for Saturday walks. First time walkers should arrive 20 minutes before the start time in order to complete a simple health questionnaire. Dogs are allowed provided they are kept under control and on a lead at all times.

For further information phone **07871 599863** and leave a contact number. Alternatively visit the website at www.strideandstroll.org.uk

Cancellations: If in doubt about the weather refer either to the website or to the mobile phone number above.

Wyre Forest Walks: Very similar walks take place at the Wyre Forest Visitor Centre, Callow Hill, Bewdley every Tuesday and Sunday at 10.30am.

Associated web sites:
www.worcestershire.gov.uk/healthwalks



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WALKING FOR HEALTH

JULY-DECEMBER 2025

Kidderminster Stride and Stroll is a friendly and welcoming walking group and entirely run by trained volunteer Walk Leaders. Walks take place every week throughout the year on Thursdays and Saturdays, depending on Christmas and New Year.

Thursday Worcestershire Health Walks are part of the Worcestershire Walking Network. Supported by Worcestershire County Council. These walks are at 11.00am in and around Wyre Forest District. They are intended for everyone, including those with on-going health problems. Many of our members start walking for about 10 minutes at a speed they find comfortable, with the aim of eventually walking for 30-40 minutes on a regular basis. Walks are on level ground with good surfaces and are often wheelchair friendly, finishing with refreshments.

Saturday Progression Walks are part of the Worcestershire Walking Network, supported by Worcestershire County Council. The Progression Walks use the Public Rights of Way, with stiles and footbridges.

Group A: 6 to 7.5 miles; Group B: 5 to 6 miles; Group C: 4 to 5 miles; Group D: 3 to 4 miles.

ALL THESE MILEAGES ARE APPROXIMATE AS IN SOME CASES WALKS HAVE TO BE CHANGED AFTER A PRE-WALK.

START TIMES:

GROUPS A AND B: 10am[Unless Otherwise Stated]
GROUPS C AND D: 10.30am

Walking boots/shoes and suitable clothing are essential to suit the seasonal conditions. Why not explore your local countryside and get healthier in the process, with like-minded people, who are already enjoying the benefits of walking and new friends.