

SATURDAY VENUES

NT=National Trust CP* Car Park Fee CP^c Collection

ASTLEY Village Hall CP	DY13 0RF
ALVELEY Severn Valley CP*	WV15 6NG
BARNETT HILL Garden Centre CPc	DY9 0EE
BELBROUGHTON Church Fm Bradford Lane *	DY9 9TF
BEWDLEY Gardners Meadow CP*	DY12 2DU
BLACKSTONE Picnic CP A456	DY12 1PU
BURLISH MEADOWS CP	DY13 8NA
CHADDESLEY CORBETT Village Hall CPc	DY10 4QA
CHADDESLEY The Swan Inn High St.	DY10 4SD
CLENT Nimmings CP*[NT]	B62 0NL
CROSSWAY GREEN Shed Nurseries A4025	DY13 9SE
DUDMASTON[NT]Sawmill CP* [NT Free]	WV15 6QW
ENVILLE NT CP Kingsford Lane	DY7 5NP
GREAT WITLEY VILLAGE HALL CP A443	WR6 6HR
HAGLEY Haybridge School Station Rd. CPc	DY8 2XL
HAMPTON LOADE CP* [NT]	WV15 6HD
HAMPTON LOVETT Parish Room CPc	WR9 0LU
HARTELBURY COMMON	DY13 9JB
HARVINGTON The Dog Inn CP	DY10 4LN
HARVINGTON The Oaks Community Hall CPc	DY10 4NS
HAWKBATCH Forestry CP	DY12 3AF
HIMLEY HALL CP*	DY3 4DF
ISMERE Old Waggon & Horses Inn	DY10 3NX
KINVER Edward Marsh Centre	DY7 6ET
KINVER EDGE The Rock Houses	DY7 5NR
KINVER EDGE Blakeshall Lane	DY11 5XT
MARTLEY Sport Martley Leisure Centre	WR6 6QA
NEEN SAVAGE Village Hall CPc	DY14 8JU
OMBERSLEY A&B Roadside C&D Cricket Club	WR9 0EP
RIBBESFORD Riverside CP B4194	DY12 2TQ
ROCK Village Hall /Millennium Field	DY14 9SD
SPENNELLS Heronswood Road CP	DY10 4EE
THE HAMPSTALL INN CP Astley Burf	DY13 0RY
THE LENCHFORD INN Access Rd. Shrawley	WR6 6TB
TRIMPLEY Eymore Wood CP	DY12 1PH
WASELEY HILLS COUNTRY PARK CP*	B45 9AT
WHITE WICKETS PARK Franche Rd. Kidd.	DY11 5AL
WHITLENGE GARDEN CENTRE	DY10 4HD
WOLVERLEY Bodenham Arboretum	DY11 5TB
WOLVERLEY HIGH SCHOOL Bus CP	DY11 5XH
WOMBOURNE STATION CP Bratch Lane	WV5 9AB

SATURDAY PROGRESSION WALKS

JULY 2026

4	Trimpley Waseley Hills Country Park Wolverley- High School	A B C, D.
11	Kinver Wolverley-Bodenham Arb. Bewdley	A B C, D.
18	Martley Leisure Centre Chaddesley Corbett Village Hall	A, B. C, D.
25	Dudmaston-Sawmill CP Great Witley Hampton Loade	A. B. C, D.

AUGUST 2026

1	The Hampstall Inn Kinver Kinver Edge Blakeshall Lane	A, B. C D
8	Chaddesley Village Hall Spennells Heronswood Road Martley Leisure Centre	A B C,D.
15	Picnic Walk Astley Village Hall. Bring & Share or bring your own food.	All Groups
22	Great Witley Whitlence[Whitlence Lane] Hampton Lovett	A B C. D.
29	Ribbesford Riverside CP Hampton Lovett Hagley	A B C, D.

SEPT 2026

5	Wolverley-Bodenham Arb. Crossway Green Wombourne Station Himley Hall	A B [Stourport Road] C D
12	Rock Hartlebury Common Burlish Meadows	A, B. C D
19	Barnett Hill Kinver Edge Blakeshall Lane Kinver	A, B. C D
26	Crossway Green The Lenchford[Riverside Inn] Waseley Hills Country Park	A, [Stourport Road] B C, D.

OCT 2026

3	Belbroughton	All Groups
10	Hampton Lovett Ribbesford Riverside CP Ombersley [COLLECTION]	A. B C, D
17	Cleat Chaddesley The Swan Inn The Hampstall Inn	A. B C, D.
24	Hartlebury Common Hagley Trimpley	A B C,D
31	Kinver Edge Rock Houses Enville Alveley	A B C, D

NOV 2026

7	Neen Savage Hawkbatch	A, B C, D.
14	Hawkbatch Neen Savage	A, B C, D.
21	Hagley Blackstone A456 Spennells Heronswood Road Harvington The Dog Inn	A B C. D.
28	White Wickets Park Ombersley Harvington The Dog Inn Spennells Heronswood Road	A. B. C. D.

DEC 2026

5	The Lenchford[Riverside Inn] Harvington The Oaks A450 Barnett Hill	A B C, D.
12	Harvington The Oaks A450 Ismere[Stourbridge Rd.] A451 Burlish Meadows Hartlebury Common	.A. B C D
19	Ombersley Hartlebury Common White Wickets Park	A B C, D.
26	NO WALKS	

THURSDAY HEALTH WALKS

CP = Car Park *Fee Payable

JULY 2026

2	Meal at The Plough Inn Far Forest	DY14 9TE
9	Wolverley The Lock Inn ANPR CP	DY10 3RN
16	Stourport Civic Centre CP*	DY13 8UJ
23	Enville The Sports Pavilion	DY7 5HB
30	Springfield Park Kidderminster	DY10 2PS

AUG 2026

6	Bewdley 1 Gardners Meadow CP*	DY12 2DG
13	Larchwood Farm Silverwoods Way Kidderminster ANPR CP	DY11 7DT
20	Wolverley The Lock Inn ANPR CP	DY10 3RN
27	Stourport Civic Centre CP*	DY13 8UJ

SEPT 2026

3	Springfield Park Kidderminster	DY10 2PS
10	Bewdley 2 Gardners Meadow CP*	DY12 2DG
17	Larchwood Farm ANPR CP	DY11 7DT
24	Enville The Sports Pavilion	DY7 5HB

OCT 2026

1	Wolverley The Lock Inn ANPR CP	DY10 3RN
8	Stourport Civic Centre CP*	DY13 8UJ
15	Arley Arboretum Lion Lane Arley	DY12 1SQ
22	Springfield Park Kidderminster	DY10 2PS
29	Bewdley 1 Gardners Meadow CP*	DY12 2DG

NOV 2026

5	Enville The Sports Pavilion	DY7 5HB
12	Larchwood Farm ANPR CP	DY11 7DT
19	Wolverley The Lock Inn ANPR CP	DY10 3RN
26	Stourport Civic Centre CP*	DY13 8UJ

DEC 2026

3	Springfield Park Kidderminster	DY10 2PS
10	Bewdley 2 Gardners Meadow CP*	DY12 2DG
17	Enville The Sports Pavilion	DY7 5HB
24	NO WALK	-
31	NO WALK	-

The walks are free and open to anyone who can manage the conditions described for Thursday or for Saturday walks. First time walkers should arrive 20 minutes before the start time in order to complete a simple health questionnaire. Dogs are allowed provided they are kept under control and on a lead at all times.

For further information phone **07871 599863** and leave a contact number. Alternatively visit the website at www.strideandstroll.org.uk

Cancellations: If in doubt about the weather refer either to the website or to the mobile phone number above.

Wyre Forest Walks: Very similar walks take place at the Wyre Forest Visitor Centre, Callow Hill, Bewdley every Tuesday and Sunday at 10.30am.

Associated web sites:

www.worcestershire.gov.uk/healthwalks

PLEASE NOTE:

The Martley Progression Pre-Walk for all Groups, starts from the Martley Church CP, Church Lane. Nearest Postcode WR6 6QF

What3words: bearings.fabric.alarmed
RIBBESFORD RIVERSIDE CP IS BROWN SIGNED OFF THE B4194—BLACKSTONE RIVERSIDE PARK



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KIDDERMINSTER



WALKING FOR HEALTH

JULY-DECEMBER 2026

Kidderminster Stride and Stroll is a friendly and welcoming walking group and entirely run by trained volunteer Walk Leaders. Walks take place every week throughout the year on Thursdays and Saturdays, depending on Christmas and New Year.

Thursday Worcestershire Health Walks are part of the Worcestershire Health Walking Scheme supported by Worcestershire County Council. These walks are at 11.00am in and around Wyre Forest District. They are intended for everyone, including those with on-going health problems. Many of our members start walking for about 10 minutes at a speed they find comfortable, with the aim of eventually walking for 30-40 minutes on a regular basis. Walks are on level ground with good surfaces and are often wheelchair friendly, finishing with refreshments.

Saturday Progression Walks are part of the Worcestershire Health Walking Scheme supported by Worcestershire County Council. The Progression Walks use the Public Rights of Way, with stiles and footbridges.

Group A: 6 to 7.5 miles; Group B: 5 to 6 miles; Group C: 4 to 5 miles; Group D: 3 to 4 miles.

ALL THESE MILEAGES ARE APPROXIMATE AS IN SOME CASES WALKS HAVE TO BE CHANGED AFTER A PRE-WALK.

START TIMES:

GROUPS A AND B: 10am[Unless Otherwise Stated]
GROUPS C AND D: 10.30am

Walking boots/shoes and suitable clothing are essential to suit the seasonal conditions. Why not explore your local countryside and get healthier in the process, with like-minded people, who are already enjoying the benefits of walking and new friends.